

## BEAUTY

We have based our collection of treatments on herbs and oils chosen for their long tradition of use in maintaining skin and hair. These natural extracts lift the mood and senses to give a sense of calmness in a complex world.

## RITUALS

For centuries, people have used oils and *ubtan* scrubs to cleanse and renew the skin. We invite you to connect with ancient rituals of self care, through these treatments.



NEEM THERAPY



## NEEM

Neem is a chemically rich plant native to India, where it is known as the 'Village Pharmacy', due to its many uses over 4000 years. The phytochemicals in neem protect the plant against insects, bacteria and fungal attack, as well as environmental threats like UV damage. Many of these factors are the same as those that cause human skin to age or show disease, meaning that the compounds that protect neem, can also protect our skin.

Our Neem Therapy oils contain very pure neem leaf concentrate, extracted with supercritical carbon dioxide. This captures more of the delicate active compounds, meaning our extract is super-pure, super-concentrated and super-effective.

Serendipity Herbals has been specialising in high quality neem products for the last 20 years. Our products are plant derived and use sustainable packaging.



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NEEM THERAPY



## CLARIFYING BEARD OIL



Superfine orange and sandalwood Beard Oil for a perfectly glossy easy-to-manage beard and smooth nourished skin. This blend of healthy oils is moisturising and protective. Coconut oil (like neem) is anti-bacterial and anti-fungal. Avocado oil is nourishing and repairing and golden jojoba helps clear blocked pores and follicles. Orange essential oil is anti-bacterial and sandalwood stimulates beard growth.

Wash beard with warm water, and pat dry. Massage 3-5 drops into the beard in a downward motion and comb through.

**INGREDIENTS:** *Cocos nucifera* oil (Coconut), *Persea gratissima* oil (Avocado), *Simmondsia chinensis* oil (Jojoba), *Azadirachta indica* (Neem) leaf extract, Essential oils of *Citrus sinensis* (Orange) and *Amyris balsamifera* (Sandalwood), Limonene\*, Linalool\*, Citral\* (\*naturally occurring in essential oils).

## BATH & BODY OIL



Luxury sweet orange and lemon Bath and Body oil for you to rediscover the pleasure of taking time to care for your skin and restore your soul. Made with refreshing citrus essential oils, organic apricot, kukui nut and pomegranate (contains omega 5) oils, and plant extracts derived from neem, sugar beet and coconut. This oil is lightweight, non-greasy, with anti-ageing, anti-inflammatory and regenerative effects and pure neem extract for healthy skin.

Drop a full pipette of oil into a running bath and relax.

**INGREDIENTS:** *Aleurites moluccana* seed oil (Candlenut), Caprylic/Capric (Coconut) Triglyceride, Organic *Helianthus annuus* (Sunflower) and *Prunus armeniaca* (Apricot) oils, Isoamyl laurate & Isoamyl cocoate, *Punica granatum* (Pomegranate) oil, *Azadirachta indica* (Neem) leaf extract, Tocopherol (Vitamin E), Essential oils of *Citrus sinensis* (Orange), *Citrus bergamia* (Bergamot), *Citrus limonum* (Lemon), *Citrus aurantifolia* (Lime) Citral\*, Limonene\*, Geraniol\* (\*naturally occurring in essential oils).

## HEALING BATH TEA INFUSIONS



An aromatherapy bath infusion with herbs that have proven benefits in enhancing mood and reducing anxiety. Lemon balm, lavender and thyme all have soothing effects. Lemon balm and thyme have also been shown to sharpen the mind and memory. While you rest in the herbal aroma, these herbs are also powerful anti-bacterial, anti-fungal and anti-viral agents, so that you emerge relaxed and healthy from your bath, and ready for a refreshing sleep.

Place bag in bath water and allow to infuse for 3-4 minutes. Swirl water and enjoy a soothing soak for body and mind.

**INGREDIENTS:** *Maris sal* (Sea salt), *Azadirachta indica* (Neem) leaf, *Melissa officinalis* (Lemon balm) leaf, *Lavandula angustifolia* (Lavender) flowers, *Thymus vulgaris* (Thyme) leaf, *Rosa damascena* (Rose) petals.

## CONDITIONING HAIR OIL



Spicy bergamot and black pepper Hair Oil for thick, smooth and lustrous hair. Stimulates growth and protects colour for extra gloss.

This oil treatment will help restore balance to dry or greasy hair and combat dandruff and itchiness. Black pepper stimulates hair growth and neem and bergamot are antibacterial and reduce inflammation. Argan oil from Morocco, wheatgerm oil and apricot oil, hydrate hair without weighing it down and improve length, thickness and texture.

Apply to wet or dry hair, paying particular attention to the ends. Leave for 7-8 minutes before washing with a mild shampoo.

**INGREDIENTS:** *Argania spinosa* (Argan) oil, *Triticum vulgare* (Wheatgerm) oil, *Prunus armeniaca* (Apricot) kernel oil, *Azadirachta indica* (Neem) leaf extract, Tocopherol (Vitamin E), Essential oils of *Piper nigrum* (Black Pepper), *Citrus bergamia* (Bergamot), Limonene\*, Linalool\* (\*naturally occurring in essential oils)

## NAIL & CUTICLE OIL



A natural way to deeply moisturise nails and cuticles, for stronger, longer nails with a natural sheen. Helps extend the life of gels and nail varnish. A blend of organic jojoba, avocado and wheatgerm oil with an extra helping of olive squalane to condition and strengthen flaking nails and shrink cuticles. Neem extract and essential oils combat redness, encourage nail growth and give antibacterial, antifungal and antiviral protection.

Soften cuticles in warm water 5-10 minutes. Dry and apply 2-3 drops of oil to the cuticles and massage in.

**INGREDIENTS:** Organic *Simmondsia chinensis* seed oil (jojoba), Caprylic/Capric Triglyceride (Coconut), *Olive Squalane*, *Oryza sativa* (Rice) bran oil, *Persea gratissima* (Avocado) oil, *Helianthus annuus* (Sunflower) seed oil, *Azadirachta indica* (Neem) leaf extract, Tocopherol, Essential oils of *Lavandula angustifolia* (Lavender), *Citrus limonum* (Lemon), *Boswellia carterii* (Frankincense), Geraniol\*, Linalool\*, Limonene\*, Citral\* (\*naturally occurring in essential oils)

## FACE & BODY SCRUB



A beautiful, all-natural, face and body scrub or *ubtan*, for rejuvenated and glowing skin. Orange peel and pure kaolin clay gently exfoliate and draw out impurities. Tulsi and lemon balm enhance skin, boost the immune system, and lower stress. Amla is a vitamin C powerhouse, 20 times as concentrated as oranges. These, with neem, combat blemishes, smoothe out pigment and redness, and restore your skin to its natural beauty.

Mix 1 tablespoon with enough water to make a paste and apply to wet skin on face, avoiding the eyes. Massage gently and leave for 3-4 minutes before rinsing.

**INGREDIENTS:** *Azadirachta indica* (Neem) leaf, *Citrus aurantium* (Bitter Orange) peel, *Ocimum sanctum* (Tulsi) leaf\*\*, Kaolin clay, *Melissa officinalis* (Lemon Balm) leaf, *Embolica officinalis* (Amla) powder\*\*.

\*\*ORGANIC INGREDIENTS